For the record, I am Jim Condos – VT's Secretary of State. I am sitting before you today to discuss elder care and specifically what my Mom has been thru'.

My parents (who had retired and moved to FL after 40+ years in VT) decided to move back to VT about 6 years ago to be closer to their kids (my brother, sistr and me) and grandkids.

They first lived in Allenwood Senior Housing in SB – senior independent living.

As my Dad at age 89 was in his last days – I remember him saying to me "Promise me you will take care of your Mother."

After my Dad passed away in 2015, my brother, sister and I made the decision that my Mom would require additional care so we moved her to the Pillsbury sister facility of Pillsbury South.

Life went along pretty well – lots of activities (on-site and off), good nursing care, and good food.

Then in 2017 – the Pillsbury facilities were purchased by an out of state venture capitalist who had experience owning such facilities – or so we were told.

From March 2018 until December 2018, we had not rec'd an invoice for my Mom's care/residence. We later did pay the 2018 portion in late December after a temporary receiver was installed.

Several other people who had a parent living in one of the facilities had also contacted me about their concerns.

Earlier in the summer, I rec'd a call from the cosmetologist who is on-site once a week providing haircuts, & perms - she had not been paid in several months.

Sometime in the early fall, with concern about how the facilities could operate without revenue – I contacted both the AG and DAIL. I believe an investigation and inspection was started at about that time.

I want to be clear that I believe that I believe the AG/DAIL were doing what they could. They have stayed in communication with me.

We all had noticed that the food was not the same – in fact, we later learned that staff was purchasing food on their own to insure the residents had food. The snack cart was eliminated.

My Mom had complained to us several times - and she had lost approx. 10-15 lbs. during this time. If you knew my Mom, she is not one to exercise.

We also knew that they were having staffing issues.

As a result, off site activities were eliminated.

The resident call button would take longer to be answered.

Many times, we noticed that my Mom's waste basket in the bathroom had not been emptied in some time – and it was full of used adult underwear. We would notify the nursing staff.

After the state's investigation, AG/DAIL went to court in early November and received a temporary receivership designation to stabilize operations, resident care, pay utilities, and provide funding to bring food into the facility.

Communications with residents and family improved.

Then in mid-December, I rec'd a call from an OPR investigator re: a possible drug diversion at Pillsbury South.

Please note that as SoS I oversee OPR (nursing, pharmacists, and pharmacies) so it is not unusual for me to be informed of a possible media inquiry.

On that call I was then told that my Mom was a victim - the diverted drugs were my Mom's prescription fentanyl patch for severe pain in her shoulder.

We have no way of knowing what the true effect on my Mom was but it was at this time that a few things started to make sense.

For the months of November and December, we had noticed my Mom had many mood swings – she seemed crankier than usual – but at age 90 we thought this might be normal.

My Mom had stated to us that she thought people were stealing from her. Due to her memory issues, we downplayed it.

Now we are concerned that this diversion of her pain medicine might have been the cause.

Since the diversion was discovered, and the care and nutrition improved, she now seems to be improving physically and emotionally.

There is probably no way to know for sure.

I know there are at least 3 investigations on-going:

- SBPD
- Adult Protective Services
- OPR Nursing

## **Recommendations:**

- More oversight and inspections of operating senior housing facilities
- Require "computer" reporting for better oversight/audit of care & pharmaceuticals
- Sales of these facilities should undergo rigorous review
  - The current owner pre receivership has facilities in several states
  - Many with similar problems
  - At least one other state is moving to receivership after VT

## Good news update:

My Mom was a resident of Pillsbury South until last week when we moved her to the Converse Home in Burlington for better and more secure care.

And altho' she has only been there for a week – her attitude, demeanor, and physical well-being have continued to improve.